

## **FACIAL COSMETIC SURGERY FELLOWSHIP FELLOWSHIP HANDBOOK & TRAINING MANUAL (AACS-Mirror – Merged & Complete Version)**

This document represents a merged and comprehensive Fellowship Handbook, combining all previously drafted sections without removal of any subject areas. The structure mirrors American Academy of Cosmetic Surgery (AACS) fellowship handbooks while remaining adapted to the Cyprus and European regulatory context.

### **1. Sponsorship, Mission & Scope**

The Fellowship is sponsored by European University Cyprus, Cyprus Facial Surgery Center, and the Cyprus Association of Facial Plastic Surgery. The mission is to provide advanced, competency-based training in facial aesthetic, reconstructive, craniofacial, and cleft surgery.

### **2. Governance & Program Authority**

Program Directors: Professor Neophytos Demetriades

Clinical Associate Professor George Mireas

Dean, School of Medicine: Elizabeth Johnson

The Program Director maintains ultimate authority over curriculum design, clinical supervision, evaluation, remediation, and certification.

### **3. Faculty & Teaching Staff**

- Professor Neophytos Demetriades
- Clinical Associate Professor George Mireas
- Dr Spiros Lazarou
- Assistant Professor Maria Papadaki
- Dean Elizabeth Johnson

### **4. Training Institutions & Facilities**

Primary and affiliated training sites include:

Cyprus Facial Surgery Center; Exelixis Medical Institute Athens; Belle Vie MedSpa Center; American Medical Center; Medicare Clinic Hospital; Donna Hospital; IASIS Hospital; IASO Hospital; Makarios Paediatric Hospital; Cyprus Facial Surgery Medical Offices; Therapis Hospital Athens Greece; Mediterraneo Hospital Athens Greece; European University Cyprus (didactic education).

## 5. Educational Philosophy

The Fellowship follows a competency-based educational model emphasizing graduated responsibility, patient safety, outcomes-based training, ethical conduct, and academic excellence.

## 6. Core Competency Domains

- Patient Care
- Medical Knowledge
- Surgical & Technical Skill
- Practice-Based Learning & Improvement
- Professionalism & Ethics
- Systems-Based Practice

## 7. Clinical Curriculum

Mandatory participation in outpatient clinics, inpatient care, patient work-up, pre-operative planning, informed consent, operative participation, and post-operative follow-up.

## 8. Surgical Curriculum

Aesthetic procedures (rhinoplasty, blepharoplasty, facelift/neck lift, fat grafting);

Reconstructive surgery (facial trauma);

Advanced procedures (cleft lip/palate, craniofacial reconstruction);

Non-surgical facial aesthetics.

Graduated autonomy applies based on competence.

## 9. Graduated Responsibility & Milestones

Phase I – Observation & assistance

Phase II – Supervised partial procedural performance

Phase III – Supervised primary surgeon role

## 10. Duty Hours & On-Call Responsibilities

Standard working hours are Monday–Friday, 08:00–17:00. Mandatory participation in on-call duties includes facial trauma, cleft, and craniofacial emergencies.

## 11. Case Log & Documentation

A validated surgical logbook documenting procedures, level of participation, and supervising surgeon signature is mandatory for fellowship completion.

## 12. Didactic Curriculum

Mandatory courses include Anatomy of the Head and Neck and Biostatistics and Epidemiology.

## 13. Research & Scholarly Activity

At least one peer-reviewed review article accepted for publication is mandatory for graduation.

## 14. Evaluation, Discipline & Remediation

Continuous evaluation is performed through faculty observation and formal reviews. Structured remediation and disciplinary pathways are applied to ensure patient safety and educational standards.

## 15. Certification & Completion

Upon successful completion of all clinical, academic, logbook, and research requirements, the Fellow is awarded a Certificate of Completion.

## 16. Legal & Ethical Framework

The Fellowship operates under the laws of the Republic of Cyprus, European postgraduate medical education standards, and internationally accepted fellowship training principles.

## Appendix A — Facility-Specific Responsibilities

Facility	Training Focus	Supervisory Responsibility
Cyprus Facial Surgery Center	Core facial aesthetic surgery	Primary supervision & logbook validation
Exelixis Medical Institute Athens Greece	Rhinoplasty and various aesthetic surgeries	Primary supervision & logbook validation
Belle Vie MedSpa Center	Non-surgical aesthetics	Supervised injectables & energy devices
American Medical Center	Facial trauma & reconstruction	Hospital-based supervision
Makarios Paediatric Hospital	Cleft & craniofacial surgery	Paediatric craniofacial oversight

IASIS / IASO Hospitals	Advanced reconstructive surgery	Complex case supervision
European University Cyprus	Didactic teaching & exams	Academic oversight
Exelixis Medical Institute Athens Greece		
Therapis Hospital Athens Greece	Rhinoplasty and various aesthetic surgeries	Primary supervision & logbook validation
Mediterraneo Hospital Athens Greece	Rhinoplasty and various aesthetic surgeries	Primary supervision & logbook validation

### Appendix B — Procedure-Specific Expected Exposure

Procedure	Expected Exposure	Level of Participation
Rhinoplasty (primary & revision)	40 cases	Assistant → Supervised primary
Blepharoplasty (upper & lower)	30 cases	Assistant → Supervised primary
Facelift / Neck Lift	25 cases	Assistant → Supervised primary
Facial Fat Grafting	20 cases	Assistant → Supervised primary
Facial Trauma Reconstruction	15 cases	Assistant → Supervised primary
Cleft Lip & Palate Surgery	10 cases	Assistant / Supervised
Craniofacial Reconstruction	10 cases	Assistant / Supervised

### Appendix C — Entrustable Professional Activities (EPAs)

EPAs define clinical activities that Fellows must be trusted to perform with graduated independence by completion of training.

EPA	Description	Level of Entrustment
EPA-1	Comprehensive facial consultation and planning	Indirect supervision
EPA-2	Primary rhinoplasty	Direct supervision
EPA-3	Blepharoplasty procedures	Direct supervision
EPA-4	Facelift & neck lift surgery	Direct supervision
EPA-5	Facial trauma management	Indirect supervision
EPA-6	Cleft lip/palate surgery assistance	Direct supervision
EPA-7	Postoperative complication management	Indirect supervision

### Appendix D — Rotation Schedule

Training Site	Focus Area	Duration
Cyprus Facial Surgery Center	Core facial aesthetics	Primary base
Exelixis Medical Institute Athens Greece	Rhinoplasty and various aesthetic surgeries	Rotational
Belle Vie MedSpa Center	Non-surgical aesthetics	Rotational
American Medical Center	Trauma & reconstruction	Rotational
Makarios Paediatric Hospital	Cleft & craniofacial	Rotational
IASIS / IASO Hospitals	Advanced reconstruction	Rotational



Therapis Hospital Athens Greece	Rhinoplasty and various aesthetic surgeries	Rotational
Mediterraneo Hospital Athens Greece	Rhinoplasty and various aesthetic surgeries	Rotational
European University Cyprus	Didactics & exams	Throughout

### **Appendix E — Fellow Acknowledgment**

I acknowledge receipt of this Fellowship Handbook and agree to abide by its policies.

Fellow Name & Signature: \_\_\_\_\_ Date: \_\_\_\_\_